

Illness Guidelines for Schools

Your child has been sent home from school because they were experiencing COVID like symptoms.

SYMPTOMS

My child is experiencing **one** of the following symptoms:

- Shortness of Breath
- New Cough
- New loss of taste or smell

My child is experiencing **two or more** of the following symptoms:

- Fever
- Headache
- Muscle/body aches
- Fatigue
- Sore Throat
- Runny Nose
- Congestion
- Nausea
- Vomiting
- Diarrhea

Your child can return to school when:

Negative COVID-19 Test or an Alternative Diagnosis

If your child's symptoms are not severe and they need a COVID test to return to school go to testiowa.com take the short assessment and call **641-832-3500** to make an appointment. (if you have trouble filling out the assessment call 641-832-3500 for assistance)

If you feel your child's symptoms require medical attention call **641-732-6111** to schedule an appointment for your child to be seen by a provider.

If they have a negative COVID-19 test or an alternative diagnosis they can return to school after 24 hours with no fever without the use of fever reducing medication **AND** symptoms improving. With copy of negative results.

If you refuse to have your child tested and there is no alternative diagnosis, your child can not return until they are symptom free for **10 days** **AND** are fever free for 24 hours without the use of fever reducing medication **AND** symptoms are improving.

If your child receives a positive COVID-19 test they can return to school:

After being fever free for 24 hours without the use of fever reducing medication **AND** symptoms are improving **AND** it has been 10 days since symptoms started or tested positive.